

Mawson Lakes Preschool

Toileting Policy/Procedure



Learning to use the toilet is an important milestone for young children. It is a big step in learning to understand their body's signals and start being responsible for their own bodies. Each child is different. Some seem almost to train themselves when they are ready, while other children need some help. The most important thing is that your child is ready and that toilet training is done in a relaxed and patient way.

Parenting SA – Parent Easy Guide 10 Toilet Training 2015

At Mawson Lakes Preschool one of the skills we aim to teach children is independence and responsibility. Together with families we each play a role in educating and taking care of our children so they can become thriving and responsible young people. Children become confident and independent with toileting in their own time, and most children will have achieved independence with toileting before starting preschool. However, there may be children who may still be using nappies or pull-ups. Mawson Lakes Preschool promotes and facilitates the inclusion of all children and no child will be excluded from attending our preschool due to not yet developing their independence with toileting. This policy outlines our procedures to ensure the safety and wellbeing of children, and meet the toileting needs of individuals.

We ask parents/caregivers to

- Practice with their child to teach them how to manage the toileting routine including;
 - manipulate clothing – eg pull pants up/down
 - how to wipe correctly
 - flush the toilet
 - wash and dry hands
- Provide spare changes of clothes, including underwear or nappies/pull-ups in their child's bag each day
- Send their child to preschool in clothing they are able to independently take on or off (manages buttons, zips, belts etc)

If your child has any medical/developmental needs regarding toileting, parents/caregivers are asked to:

- Discuss any concerns with a member of the staff team to establish whether a Continence Care or Toileting Plan is needed
- Provide the preschool with any medical/developmental reports/programs in relation to their child's toileting
- Provide the preschool with adequate supplies of nappies, pull-ups and/or any other aids that are used in supporting their child's toileting program
- Ensure your child arrives at preschool in a dry nappy/pull up

Preschool staff will support children's toileting needs by

- Being respectful of parenting practices in relation to toileting procedures for individual children
- Implementing continence or toileting plans/programs provided by medical practitioners to support the development of independent toileting
- Supporting children to use the toilet independently, using a range of strategies with parent/caregiver's consent, including reminders, toilet timing or specific toilet training programs
- Supporting children with re-dressing after using the bathroom

If a toileting accident occurs staff will:

- Encourage the child to get their clothes from their locker/bag (if there are no spare clothes available, the preschool will provide a change)
- Encourage the child to clean themselves and change their own clothing (where practical and depending on level of soiling, ability and confidence of the child)
- Put soiled clothing in a plastic bag and tie to seal (double bag if necessary)
- Place bag of soiled clothing in locker or bag in the bathroom and inform families via a note on their child's bag
- Record incident on toileting accident form
- Inform parents at pick up
- Respect the rights of the child to refuse help from teachers in regard to cleaning and changing. If this occurs the family will be contacted to come and clean and change their child

At all times staff will be required to follow WHS guidelines in regards to the handling and disposal of contaminated materials (eg bodily fluids). The preschool will ensure that all staff have access to PPE (personal protective equipment).

References

ACECQA - Quality Area 2: Toileting and nappy changing principles and practices

<http://files.acecqa.gov.au/files/QualityInformationSheets/QualityArea2/EffectiveToiletingandNappyChangingProcedure.pdf>

National Quality Standard 1.1 (2011)

<http://www.acecqa.gov.au/Educational-program-and-practice>

National Quality Standard 2.1 (2011)

<http://www.acecqa.gov.au/Childrens-health-and-safety>

National Quality Standard 5.2 (2011)

<http://www.acecqa.gov.au/Relationships-with-children>

Parent Easy Guide 10 – Toilet Training

<https://www.education.sa.gov.au/sites/default/files/parentingsa/peg10.pdf?v=1489969763>