

Play ideas

Link to playdough recipe pdf

At Mawson lakes we have a big focus on play and creating a play based environment. At preschool we encourage children to engage in all types of dramatic and pretend play, messy play and outdoor play. Here is a list of simple and fun activities you can do with children while at home.

- ☺ Make and play with play dough (recipe above)
- ☺ Create an indoor or outdoor scavenger hunt
- ☺ Make an obstacle using pillows, string ,balloons and tape
- ☺ Try bowling with water bottles and a ball
- ☺ Make a ring toss
- ☺ Try some experiments such as baking soda and vinegar - see what happens
- ☺ Play stacking, sorting and building games with blocks or Tupperware
- ☺ Give your child a cardboard box and see what they can turn it into - cubbyhouse, a boat or a car.
- ☺ Make a cubbyhouse using sheets and towels
- ☺ Put together a dress-up box of old clothes, fabric or scarves, shoes, handbags and other odds and ends.
- ☺ Freeze things in water. Some possibilities – flowers, LEGO mini figures, small toys, coins, etc. Then let your child experiment with different water temperatures to “rescue” what’s been frozen in ice.
- ☺ Try yoga
- ☺ Make a homemade collage with reusable materials
- ☺ Draw self-portraits of each other
- ☺ Cook your favourite meal, or try a new recipe
- ☺ Play hide and seek
- ☺ Dancing – Freeze and stop game
- ☺ Try painting with different objects – cars ball shapes / Water in a bucket and paint brush
- ☺ Jewellery making using pasta or buttons
- ☺ Make your own musical instruments
- ☺ Make glue – plain flour and water
- ☺ Slime - Lux Soap Flakes and water
- ☺ Bubbles – dish soap and water
- ☺ Washing babies and dolls clothes
- ☺ Make a sock puppet
- ☺ Build Tunnels
- ☺ Chalk drawing on black paper or outside on the pavement
- ☺ Marble/ball run
- ☺ Puzzles – Make your own puzzles by cutting up magazine or newspaper pictures or photos